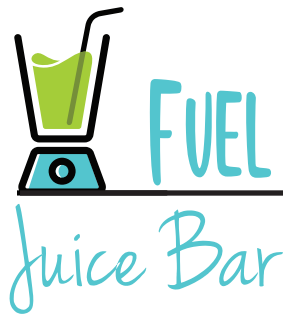


310 Stewart Ave  
(607) 375-7934



DELIVERY  
CURBSIDE PICKUP

### Freshly Juiced

All our fruits and vegetables are juiced when you order! Add in any of our boosts to make give your juice some extra kick. 12oz \$6.50 / 16oz \$7.75

Carrot Juice – Fresh juiced carrots and lots of them.

Cucumber Orange – Freshly juiced orange, cucumber, NY apples & lemon.

Greenie – Freshly juiced lemon, cucumber & apples with spinach, spirulina and chia seeds.

Kale Pineapple – Fresh juiced pineapple, apples and celery with kale, wheatgrass & fresh ginger.

Double Orange – Freshly juiced oranges and carrots.

All Orange – Fresh juiced oranges only.

Tropical – Freshly juiced oranges, pineapple, lemons & limes.

Beet it – Freshly juiced beets, carrots, apples & parsley

### Smoothies

All our smoothies are made with 100% real whole fresh or freshly frozen fruit & juice with no added sugar. \$6.95

Strawberry Banana – Strawberry, banana & apple

Green Apple – Apple, banana, mango, kale & strawberry

Berry Beet – Strawberry, blueberry, mango & beet

Mango Mango – Mango, orange, strawberry & pineapple

Peachy – Peach, mango, apple & strawberry

Blueberry Acai – Blueberry, strawberry, acai & soymilk

Add lowfat yogurt +1

Add soymilk +1

Add acai +1

Add spirulina +1

Add wheatgrass +1

Add matcha green tea +1

Add vitamin C +1

Add chia seeds +1

Add flax seeds +1

### Cauliflower Flatbread

Our gluten free flatbread is made from cauliflower and topped with only the freshest ingredients!

Capri – Roma tomato, fresh garlic, extra virgin olive oil, fresh mozzarella & fresh basil \$13.95

Baja Chicken – Roma tomato, red onion, bell peppers, mozzarella & chipotle sauce. \$14.50

Pesto – Fresh baby spinach, roma tomato, roasted red peppers, fresh garlic, basil pesto, fresh mozzarella & fresh basil \$13.95

Spinach Artichoke – Fresh baby spinach, artichoke hearts, fresh garlic, ricotta cheese & mozzarella \$14.50

Strawberry Goat Cheese – Fresh strawberries, goat cheese, mozzarella & fresh basil \$14.50